

Why We Run The Bridge

A Personal Note

Michael and Heidi Brunswick have been running in the **Cooper Norcross Run the Bridge Presented by AmeriHealth New Jersey** for the past four years — as long as their seven-year-old son, Ryan, has been a student at Larc School. The Brunswicks are avid sportspeople, but their interest in Larc's annual Run the Bridge grew not from their love of sports, but from their love for Ryan.

"We choose to be active in Larc events because the teachers and therapists at Larc give so much time and effort to our family, we feel that we need to do the same for the school," said Mr. Brunswick.

The Brunswicks live in Mount Laurel with Ryan and their two-and-a-half-year-old daughter, Madison. Sadly, Ryan's twin sister, Samantha, passed away at one year of age due to complications of prematurity.

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"The people at the Larc are fun to be around, so it isn't a chore to help at events with the faculty and staff," said Mr. Brunswick. "It's like a party." For the past three years, he and his wife have been active in recruiting volunteers to help set up for the run on the Saturday before the event.

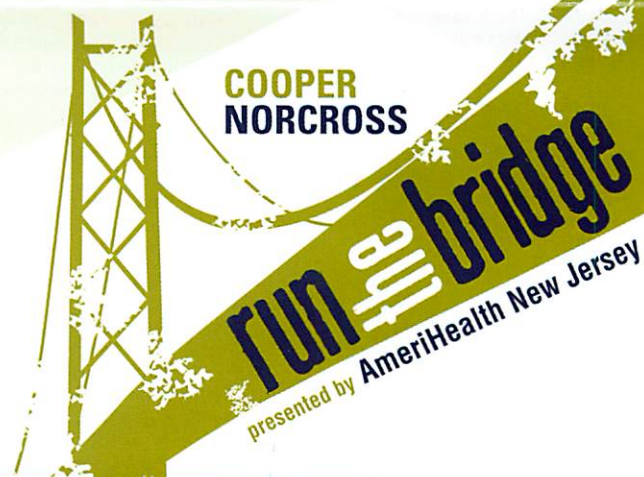
Mike Brunswick, who is Dean of Students, Head of the Physical Education (PE)/Health Department, and Head Varsity Girls Basketball Coach at Moorestown Friends School, has tapped soccer and cross-country athletes from Moorestown Friends. His wife, Heidi, who teaches PE and Health at Cherry Hill High School West and coaches field hockey and lacrosse, has enlisted athletes from those disciplines at Cherry Hill High School West.

"We fell in love with the people at Larc the first time we met," said Mr. Brunswick. "They were wonderful...and still are! We don't think Ryan would have gotten as far as he has without the support of the staff at Larc."

"Ryan is currently in a wheelchair, but every week he gets further and further with his steps and standing," said Mrs. Brunswick. "Mike and I set a goal for ourselves — we will continue to run the bridge until the day Ryan is standing and waiting for us at the finish line." ■



Ryan



Please like us on facebook/runthebridge to keep in touch for the 2012 event.

11.4.12





>> 2011 Run the Bridge

On the spectacular morning of November 6, 2011, the Cooper Norcross Run the Bridge event *presented by AmeriHealth New Jersey* led 4,000 10K runners and about 900 walkers to the Ben Franklin Bridge for its annual 10K run and 2 mile walk to benefit the Larc School. More than 200 volunteers cheered on participants throughout the course. Thanks to our sponsors, supporters, participants, families and friends, this event has become Larc's largest fundraising event, and, to date, has raised over \$1 million for Larc School! All of us at Larc School thank all of you from the bottom of our hearts!

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www.runthebridge.org

Larc School sincerely thanks the sponsors of the 2011 Cooper Norcross Run the Bridge *presented by AmeriHealth New Jersey*

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